

## UPCOMING CLASS

### OLDER DRIVER SAFETY

#### Pawhuska Public Library

1801 Lynn Avenue

Pawhuska, OK 74056

1 p.m.

Monday, September 9<sup>th</sup>, 2019

Driving is a connection to our independence. For many older adults, the greatest fear is losing their ability to drive a vehicle. This one - hour presentation provides guidance on maintaining your independence to continue driving and also educates older drivers, family members, healthcare providers, and law enforcement officials on laws, medical issues, and safety concerns. Increasing age is not an indicator that you have to stop driving, but a time for assessing and making adjustments. This class can be delivered online via videoconference.

#### HOW TO SIGN UP

To register, call Devon Murray, Northeast OHAI Center of Healthy Aging Education Specialist, at 888-616-8161, or email her at [devon-murray@ouhsc.edu](mailto:devon-murray@ouhsc.edu). You must be registered in order to attend.



#### LEARN WHAT YOU NEED TO KNOW FOR:

- Maintaining your independence through safe driving
- Identifying possible safety issues
- Understanding advancing age impairments
- Taking a self-assessment of your driver skills
- Knowing the process of a formal driving assessment
- Deciding when it is time to give up or take away the keys

*This class is sponsored by a grant from the Oklahoma Highway Safety Office.*

#### Northeast OHAI Center of Healthy Aging

2417 E. 53<sup>rd</sup> Street

Tulsa, OK 74105

918-779-7367

[NEOHAI@ouhsc.edu](mailto:NEOHAI@ouhsc.edu)

[OHAI.org](http://OHAI.org)

*The Oklahoma Healthy Aging Initiative (OHAI) is a program of the Donald W. Reynolds Department of Geriatric Medicine at The University of Oklahoma and is supported by the Donald W. Reynolds Foundation.*